

soup of the day

Bowl	4.95
Cup	2.95

chili Served with Sour Cream and Cheddar

Bowl	5.75
Cup	3.95

salads

Fresh Fruit	Sm. 2.25 Lg. 4.25
Pasta, Red Skin Potato or Macaroni	.95
Garden Salad	5.95
Leaf lettuce, carrots, cucumber, tomato, olives & onion	
Chef Salad	7.95
Leaf lettuce, carrots, cucumber, tomato, olives, onion hardboiled egg, ham, turkey, swiss & cheddar	
Scoop of chicken or tuna to chef or garden salad add	2.00
Grilled Chicken Salad	9.95
Grilled Chicken over mixed greens, goat cheese, sliced almonds, dried cranberries & tomatoes with our balsamic vinaigrette	
Diet Plate w/ Crackers	7.95
Scoop of Chicken, Tuna or Egg Salad on top of leaf lettuce surrounded by tomatoes and canteloupe, grapes, strawberries and an orange wedge	

beverages

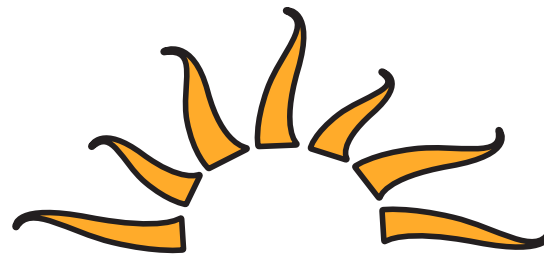
Fresh Brewed Coffee	12oz 1.75, 20oz 2.50
Fresh Brewed Tea, Fountain Drinks	1.75
Hot Tea - many flavors available	1.75
Bottled Juices	2.75
Vitamin Water	2.75
Bottled Soda	2.25
Bottled Water	2.25

hot specialty beverages

Espresso	Rg. 1.50 Lg. 2.00
Redeye: espresso w/ coffee	Rg. 2.00 Lg. 3.00
Cappuccino	Rg. 2.75 Lg. 3.25
Latte	Rg. 2.75 Lg. 3.25
Cafe Mocha: espresso w/ shot of chocolate, steamed milk and foam	Rg. 3.75 Lg. 4.25
Milky Way Cappuccino: espresso w/shot of chocolate & caramel, steamed milk and foam	Rg. 4.00 Lg. 5.00
Dutch Hot Chocolate	Rg. 2.75 Lg. 3.25
Seasonal Flavor	Rg. 2.75 Lg. 3.25
French Vanilla	Rg. 2.75 Lg. 3.25
add a Flavor Shot	.75 per shot

cold specialty beverages

Blended Frozen- mocha, vanilla latte, coffee	4.95
Blended Fruit Smoothies- strawberry, mango guava, wildberry	4.95
Iced Latte	4.95



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Carolinacafeandcatering.com



www.carolinacafeandcatering.com

Downtown Columbia
on the corner of sumter and pendleton
945 Sumter St, Columbia, SC 29201
Phone 803.799.6676

West Columbia
Foodlion Shopping Ctr.
2250 Sunset Blvd., West Columbia, SC 29169
Phone 803.794.9799

bread:

Wheat, White, Rye, Pumpernickel, Sourdough
Multigrain, Croissant, French Roll, Biscuit,
English Muffin or Wrap

*bagels:

Plain, Poppy, Sesame, Onion, Wheat, 0.99 each
Everything, Jalapeño, Blueberry,
Cinnamon Raisin, Pumpernickel,
Sun-Dried Tomato, Multigrain,
Chocolate Chip

*24 hr. advance notice for a dozen or more

breakfast sandwiches

Egg	2.95, w/cheese 3.15
Egg w/Ham, Sausage, or Bacon	3.75, w/cheese 3.95
Toasted Cheese	2.95
Toasted Cheese w/Ham, Sausage, or Bacon	3.95
Smoked Salmon & Cream Cheese	6.95

cream cheese & other spreads

Cream Cheese: Plain, Lite Plain, Lite Garden Vegetable, Lite Honey Walnut, Garlic Herb, Lite Strawberry	2.95
Whipped Butter or Smart Balance	1.95
Jam: Grape or Strawberry	1.95
Cinnamon, Sugar & Butter	2.25
Honey or Honey Butter	2.25
Peanut Butter	2.95
Peanut Butter and Jam	3.50
1/2 lb. container of Cream Cheese	3.95

open 7 days a week!

Downtown Columbia 803.799.6676

West Columbia 803.794.9799

our signature sandwiches

Served with fresh fruit wedge, chips and a pickle.

The Columbia	6.95
Turkey breast, whole cranberry sauce & leaf lettuce. A Capitol Sandwich!	
The Lexington	6.95
Corned beef, melted Swiss, sauerkraut & Thousand Island dressing. A.K.A. The Reuben!	
The Charleston	6.95
Dolphin-safe tuna splashed with fresh lemon, a wave of celery, mayo & leaf lettuce. Sail away!	
The Myrtle Beach	6.95
Thin & trim sliced ham, cheddar cheese, dijon mustard & leaf lettuce. Bikini Ready!	
The Spartanburg	6.95
Roasted beef, creamy horseradish, Swiss cheese & leaf lettuce. For the hearty!	
The Winston-Salem	6.95
Turkey breast, cheddar cheese, our own sweet & spicy mustard & leaf lettuce. You'll inhale this one.	
The Greenville	6.50
Swiss & cheddar with tomato, onion and leafy lettuce. Your choice of sweet & spicy mustard or mayo. Vegetarians delight!	
The Hilton Head	6.95
All breast of chicken salad perfectly blended with reduced fat mayo. Our Heritage Classic!	
The Charlotte	6.50
Crisp bacon, freshly sliced ripe tomatoes, mayo & leaf lettuce. A.K.A. the BLT!	
The Lake Murray	8.50
Freshly smoked salmon with whipped cream cheese, red onion & capers. What a catch!	
The Newberry	6.50
Our own special Egg salad recipe. Reduced fat and fabulous!	
The Georgetown	7.25
Turkey, ham or roast beef with bacon, Swiss, lettuce, tomatoes & mayo. A.K.A. the Club!	
The Edisto	6.50
Our own homemade pimento cheese. Already famous!	

paninis - west columbia location only

Whole: Served w/ fruit cup

Half: Served w/ cup of soup & fruit cup

3 Cheeses, Tomatoes & Fresh Basil	7.95
Turkey, Bacon, Apple, Cheddar & Honey Mustard	8.50
Fresh Mozzarella, Pesto & Tomatoes	7.95
Turkey, Cheddar, Bacon & Ranch Dressing	8.50
Grilled Chicken, Monterey Jack, Black Beans & Chipotle Aioli	8.95

wraps

Served w/ chips, pickle & fruit wedge

Turkey - garlic herb cream cheese, lettuce & Swiss in a tomato basil tortilla	5.75
Veggie - Lite vegetable cheese, lettuce, carrots, provolone, cucumbers & roasted red peppers in a spinach tortilla	5.75
Chicken Salad - with lettuce in a whole wheat tortilla	6.25

melts

served open faced w/pickle & fruit wedge

Pizza - Sauce & Cheese 4.50, w/pepperoni	4.95
Veggie - Swiss & cheddar cheese, onion, tomatoes	6.50
Tuna - Tuna Salad, Swiss cheese and tomatoes	6.95
Mexi - Refried beans, salsa, pepperjack cheese & sour cream on the side	6.95
Hawaiian - Garlic olive oil, pineapple, ham & mozzarella cheese	6.95
Chicken - chicken salad w/tomatoes & Swiss	6.95