

soup of the day

Bowl	4.95
Cup	2.95

chili Served with Sour Cream and Cheddar

Bowl	5.75
Cup	3.95

salads

Fresh Fruit	Sm. 2.25 Lg. 4.25
Pasta, Red Skin Potato or Macaroni	.95
Garden Salad	5.95
Leaf lettuce, carrots, cucumber, tomato, olives & onion	
Chef Salad	7.50
Leaf lettuce, carrots, cucumber, tomato, olives, onion hardboiled egg, ham, turkey, swiss & cheddar	
Scoop of chicken or tuna to chef or garden salad add	2.00
Grilled Chicken Salad	9.95
Grilled Chicken over mixed greens, goat cheese, sliced almonds, dried cranberries & tomatoes with our balsamic vinaigrette	
Diet Plate w/ Crackers	7.25
Scoop of Chicken, Tuna or Egg Salad on top of leaf lettuce surrounded by tomatoes and canteloupe, grapes, strawberries and orange wedges	

beverages

Fresh Brewed Coffee	12oz 1.50, 20oz 2.00
Fresh Brewed Tea, Fountain Drinks	1.75
Hot Tea - many flavors available	1.75
Bottled Juices	2.50
Vitamin Water	2.50
Bottled Soda	1.85
Bottled Water	1.75

hot specialty beverages

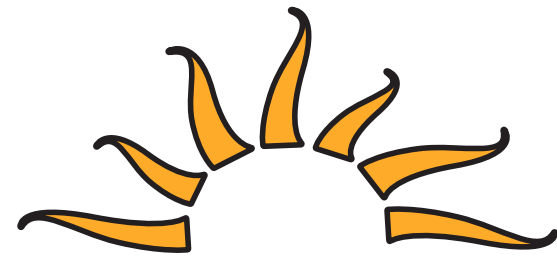
Espresso	Rg. 1.50 Lg. 2.00
Redeye: espresso w/ coffee	Rg. 2.00 Lg. 3.00
Cappuccino	Rg. 2.75 Lg. 3.25
Latte	Rg. 2.75 Lg. 3.25
Cafe Mocha: espresso w/ shot of chocolate, steamed milk and foam	Rg. 3.75 Lg. 4.25
Milky Way Cappuccino: espresso w/shot of chocolate & caramel, steamed milk and foam	Rg. 4.00 Lg. 5.00
Dutch Hot Chocolate	Rg. 2.75 Lg. 3.25
Seasonal Flavor	Rg. 2.75 Lg. 3.25
French Vanilla	Rg. 2.75 Lg. 3.25
add a Flavor Shot	.75 per shot

cold specialty beverages

Blended Frozen- mocha, vanilla latte, coffee	4.95
Blended Fruit Smoothies- strawberry, mango guava, wildberry	4.95
Iced Latte	4.95

whole bean coffee

Great selection of our delicious gourmet coffees available in whole bean or we can grind it for you.



www.carolinacafeandcatering.com



open seven days a week!

West Columbia
Foodlion Shopping Ctr.

2250 Sunset Blvd., West Columbia, SC 29169
Phone 803.794.9799

www.carolinacafeandcatering.com

Downtown Columbia
on the corner of sumter and pendleton
945 Sumter St, Columbia, SC 29201
Phone 803.799.6676

bread:

Wheat, White, Rye, Pumpernickel, Sourdough
Multigrain, Croissant, French Roll, Biscuit,
English Muffin or Wrap

*bagels:

Plain, Poppy, Sesame, Onion, Wheat, 0.99 each
Everything, Jalapeño, Blueberry,
Cinnamon Raisin, Pumpernickel,
Sun-Dried Tomato or Multigrain,
Apple Cinnamon

*24 hr. advance notice for a dozen or more

breakfast sandwiches

Egg	2.95, w/cheese 3.15
Egg w/Ham, Sausage, or Bacon	3.75, w/cheese 3.95
Toasted Cheese	2.95
Toasted Cheese w/Ham, Sausage, or Bacon	3.95
Smoked Salmon & Cream Cheese	5.95

cream cheese & other spreads

Cream Cheese: Plain, Lite Plain, Lite Garden Vegetable, Lite Honey Walnut, Garlic Herb, Lite Strawberry	2.95
Whipped Butter or Smart Balance	1.95
Jam: Grape or Strawberry	1.95
Cinnamon, Sugar & Butter	2.25
Honey or Honey Butter	2.25
Peanut Butter	2.95
Peanut Butter and Jam	3.50
1/2 lb. container of Cream Cheese	3.95

open 7 days a week!

Downtown Columbia 803.799.6676

West Columbia 803.794.9799

our signature sandwiches

Served with fresh fruit wedge, chips and a pickle.

The Columbia	6.50
Turkey breast, whole cranberry sauce & leaf lettuce. A Capitol Sandwich!	
The Lexington	6.50
Corned beef, melted Swiss, sauerkraut & Thousand Island dressing. A.K.A. The Reuben!	
The Charleston	6.50
Dolphin-safe tuna splashed with fresh lemon, a wave of celery, mayo & leaf lettuce. Sail away!	
The Myrtle Beach	6.50
Thin & trim sliced ham, cheddar cheese, dijon mustard & leaf lettuce. Bikini Ready!	
The Spartanburg	6.50
Roasted beef, creamy horseradish, Swiss cheese & leaf lettuce. For the hearty!	
The Winston-Salem	6.50
Turkey breast, cheddar cheese, our own sweet & spicy mustard & leaf lettuce. You'll inhale this one.	
The Greenville	5.95
Swiss & cheddar with tomato, onion and leafy lettuce. Your choice of sweet & spicy mustard or mayo. Vegetarians delight!	
The Hilton Head	6.50
All breast of chicken salad perfectly blended with reduced fat mayo. Our Heritage Classic!	
The Charlotte	5.95
Crisp bacon, freshly sliced ripe tomatoes, mayo & leaf lettuce. A.K.A. the BLT!	
The Lake Murray	7.50
Freshly smoked salmon with whipped cream cheese, red onion & capers. What a catch!	
The Newberry	6.25
Our own special Egg salad recipe. Reduced fat and fabulous!	
The Georgetown	6.50
Turkey, ham or roast beef with bacon, Swiss, lettuce, tomatoes & mayo. A.K.A. the Club!	
The Edisto	6.25
Our own homemade pimento cheese. Already famous!	

paninis - west columbia location only

Whole: Served w/ fruit cup

Half: Served w/ cup of soup & fruit cup

3 Cheeses, Tomatoes & Fresh Basil	7.95
Turkey, Bacon, Apple, Cheddar & Honey Mustard	8.50
Fresh Mozzarella, Pesto & Tomatoes	7.95
Turkey, Cheddar, Bacon & Ranch Dressing	8.50
Grilled Chicken, Monterey Jack, Black Beans & Chipotle Aioli	8.95

wraps

Served w/ chips, pickle & fruit wedge

Turkey - garlic herb cream cheese, lettuce & Swiss in a tomato basil tortilla	5.75
Veggie - Lite vegetable cheese, lettuce, carrots, provolone, cucumbers & roasted red peppers in a spinach tortilla	5.75
Chicken Salad - with lettuce in a whole wheat tortilla	6.25

melts

served open faced w/pickle & fruit wedge

Pizza - Sauce & Cheese 4.50, w/pepperoni	4.95
Veggie - Swiss & cheddar cheese, onion, tomatoes & sprouts	6.50
Tuna - Tuna Salad, Swiss cheese and tomatoes	6.50
Mexi - Refried beans, salsa, pepperjack cheese & sour cream on the side	6.50
Hawaiian - Garlic olive oil, pineapple, ham & mozzarella cheese	6.50
Chicken - our chicken salad w/tomatoes & Swiss	6.75



sandwich selection

- for boxed lunches or sandwich trays

All of our sandwiches are served on your choice of the following bread selections:

White, Wheat, Multigrain, Rye,
Pumpernickel, Freshly baked Bagels,
Fresh buttery croissant, or Wrap

Design your own sandwiches:

with Turkey, Ham, Roast Beef, Corned Beef, Chicken Salad, Tuna Salad,
Egg Salad, Pimento Cheese or Veggie

Add Cheese: Swiss, Cheddar, Provolone, or American

Add Condiments: Mayo, Mustard, Sweet and Spicy Mustard,
Dijon, or Horseradish Sauce

Tomatoes and onions are available on request

Or choose from the following Carolina Café Classics:

The Winston-Salem- Turkey Breast, cheddar cheese, our own sweet and spicy mustard and leaf lettuce

The Columbia- Turkey breast, whole cranberry sauce and leaf lettuce

The Myrtle Beach- Ham, cheddar cheese, Dijon mustard and leaf lettuce

The Spartanburg- Roast beef, creamy horseradish sauce, swiss cheese and leaf lettuce

The Hilton Head- Our famous chicken salad and leaf lettuce

The Charleston- Our famous tuna salad and leaf lettuce

The Newberry- Our reduced-fat egg salad and leaf lettuce

The Edisto- Our famous pimento cheese

The Greenville- Swiss and cheddar cheese with tomato, onion, leaf lettuce and sweet & spicy mustard or mayo

Prices are subject to change

Go to our website for all of our menus
www.carolinacafeandcatering.com



all about us

- lauren and max

It all started in 1979, when a woman, who could make one heck of a potato salad, met a man, who could boil a pot of water even while watching it... want to know more? Come see us and we'll be happy to share!

Locally Owned

Freshly Prepared

Wholesome Ingredients

Savory Salads

Homemade Sauces

Tasteful Presentation

Easy to Order

Delivered on Time



custom catering welcome!

Downtown Columbia 803.799.6676
West Columbia 803.794.9799

delivery
available 7 days a week



catering
menu

west columbia

2250-M sunset blvd.

phone 803.794.9799

fax 803.794.9899

downtown columbia

945 sumter st.

phone 803.799.6676

fax 803.799.5977

www.carolinacafeandcatering.com

We accept: American Express, Visa,
Master Card, Discover Card & Corporate Accounts



breakfast buffet style

• continental pastry tray

Fresh assortment of danishes, muffins, cinnamon rolls, bagels and cream cheese

3.95 pp

• breakfast sandwich tray

Egg & Cheese served on your choice of bagels, English muffins, biscuits or croissants

2.95 pp

Add Bacon, Ham, or Sausage

1.00 pp

• by the dozen - trayed

Assorted Danishes

12.95

Assorted Muffins

14.95

Assorted Bagels

14.95

Croissants

14.95

• breakfast extras

Fresh Fruit Salad - mixed seasonal fruit

2.25 pp

Mixed Berry Yogurt - individual cups

1.50 pp

Cream Cheese - plain, lite plain, lite honey walnut, lite garden vegetable, lite strawberry and garlic herb. 8 oz. container

3.95

Whipped Honey Butter - 4 oz. container

3.95

Whipped Butter - 4 oz. container

2.95

Juices - orange, cranberry, or apple - serves 16

14.00 gal

Coffee Box To Go - serves 10-12

22.50



boxed lunches

• deluxe boxed lunch 8.95 pp

Each Deluxe Boxed Lunch Includes:

Any sandwich from our sandwich selections
Potato salad, pasta salad, macaroni salad or fresh fruit salad
Chips or pretzels
Cookie or brownie

• budget boxed lunch 6.95 pp

Each Budget Boxed Lunch Includes:

Any sandwich from our sandwich selections
chips or pretzels
Cookie or brownie

• boxed salads 8.95 pp

Garden Salad

Our garden salad consists of leaf lettuce, tomatoes, cucumbers, black olives, carrots & red onion slices. Add to that a side of the Chicken Salad, Tuna Salad, Egg Salad, Potato Salad, Pasta Salad, Macaroni Salad or Fresh Fruit Salad
Cookie or brownie

Chef Salad

Our chef salad consists of leaf lettuce, tomatoes, cucumbers, black olives, carrots, red onion slices, hard-boiled egg, ham, turkey, swiss, and cheddar cheese.

Salad Dressing served on the side: Housemade Ranch & Italian, 1000 Island, Fat Free Italian, Fat Free Raspberry Vinaigrette, Bleu Cheese, Greek and Balsamic Vinaigrette.
Cookie or brownie

Diet Plate

Our diet plate consists of a scoop of chicken, tuna, or egg salad on top of leaf lettuce surrounded by sliced melon, strawberries, grapes, orange wedge and tomatoes.
Cookie or brownie



lunch buffet style

• buffet style

Sandwich Trays

3.95 pp

Choose any assortment of sandwiches from our sandwich selections

Homemade Potato, Macaroni or Pasta Salad

1.75 pp

Fresh Fruit Salad

2.25 pp

Fresh fruit selection of cantaloupe, honeydew, grapes, strawberries, and pineapple

Garden Salad

3.95 pp

With leaf lettuce, tomatoes, carrots, black olives & cucumbers with your choice of dressing

Vegetable Tray w/ Ranch

2.75 pp

Fresh assortment of garden vegetables with our housemade ranch

Chips or Pretzles

0.85

Brownies or Cookies

1.00

Canned Soda

1.00

Bottled Water

1.25

Tea - Sweet & Unsweet

Gallon (Serves 10)

6.00

Cooler of Ice

7.50

Bag of Ice

3.00



custom catering welcome!

All Prices are Per Person (pp) with a 10 Person Minimum Except as Noted